



Website: [www.southnarrabeensurfclub.org](http://www.southnarrabeensurfclub.org)

Email: [admin@southnarrabeensurfclub.org](mailto:admin@southnarrabeensurfclub.org)

### From the President

With the New Year well under way, it is great to see every area of the club in full swing.

The patrols have been faultless over the Christmas/New Year period and have continued right through January. All patrolling members have been on the ball keeping the club incident free all season. There have been some nasty rip developing throughout our patrolling area and all patrol groups have been busy during the roving patrols. We have had a few after hour rescues. Just goes to show that the Jaffas are always on guard.

The Boaties are providing some tough competition for their opponents in all carnivals. With the local Championships fast approaching, the crews are training their back sides off to continue their dominance. A big thanks must go to Scott Morrison and Mick Haven for all their tireless effort to their respective crews.

Our Family from Brewarrina have just paid us a visit. This year we were blessed with a group of kids with tremendous manners. Uncle Les and Aunty Joyce are doing a terrific job back home and was great to host them again.

Nippers are achieving some great results at their carnivals and are having a great time on Sunday mornings. It is a great to see some many smiling faces.

Our Chief Instructor Andy Cross was awarded Nikon Clubbie of the Year at the Surf Life Saving Australia Award of Excellence night just before Christmas. This is the first year this award has be awarded and was a great feat for Andy to come through as the winner with the most votes. Well done Andy.

Just a reminder that the club swim is still on Sunday mornings at 11am. Our handicapper Chicka is always looking for more members to participate in the swim.

**Rohan Fisher**  
**PRESIDENT**

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#### Dates for the diary:

##### LAUNCH OF NEW SURFBOAT

Sunday 5th February  
12pm

##### BRANCH CHAMPIONSHIPS (NIPPERS ONLY):

Sunday 12th February

##### BRANCH CHAMPIONSHIPS:

Saturday 18th February  
*Narrabeen Beach*

##### LONG REEF OCEAN SWIM

Sunday 26th February  
*Long Reef*

##### LAST DAY OF NIPPERS

Sunday 11th March

##### STATE CHAMPS

Friday 9th March -  
Sunday 11th March  
*Kingscliff, NSW*

##### AUSSIE CHAMPS

Tuesday 27th March -  
Sunday 1st April  
*Kurrawa, QLD*



Patrol member  
Daniella Rossi  
watching over closed  
beach



Mick's U23 Men's  
Crew @  
North Narrabeen



Andy with some of the  
Brewarrina kids



Registration Day



Gotcha  
COVERED  
TIMBER SHUTTERS

## Education Update

Sharks sharks sharks the water is warm and lots of people are in the water so are our new bronze and SRC squads. Officially our training will start 1st Feb at 7pm at the club. We have lots of people so if anyone would like to enhance and share their skills, meet new members be great to see you. IRB crew and driver training will also start soon so come and talk with Grant or me if your interested.

Lots of other courses are on hand senior first aid , spinal courses, Advanced Resus Tec Course, Basic Beach Management, HBI course, Advance Emergency Care and specialized personnel training for the gold medallion. I will be starting some easy weight loss and fitness training each Saturday morning 730am at the club. If you're starting out or if you're up for a challenge see you their. If you don't use it you'll lose it come on down.

See you in the salt water

**Andy Cross**  
**Chief Instructor**

*\* Andy was voted Nikon Clubbie of the Year 2011! More on this page 5...*

## Competition Update

The boat crews have all started training again after the Christmas, New Year break, we have been in 3 carnivals with a couple of the crews getting some good results.

At the Collaroy Young Guns Moose's u23 men's crew the 'wood ducks' looking very impressive but unluckily bowing out in a trying semi final. We then had Manly, this carnival is the first of the big carnivals that runs over 2 days, most interstate clubs are at this one that makes for some fierce competition. The 'wood ducks' and my u23 girls crew the 'stingers' both making mild stones making the 2nd day(top 12).

Most recently was the Freshie carnival, all crews did us proud with the 'slugs' (the reserves) and the wood ducks just falling one short of a finals birth, and the stingers hitting their strides cruising their way into the final.

**Mick Haven**  
**Competition Director**

## Lifesaving Update

Patrols have been outstanding this season with a great deal of commitment from the members and they all need to be congratulated. I would especially like to thank Andy Cross for his support when I'm not around. Opening and closing up and being IRB driver.

Remember when you are on patrol it is a requirement that you wear your patrol shorts, shirt a red and yellow quartered cap.

Matt Fordham has once again been terrific in conducting the proficiencies.

We do lack ARTC, SM, IRBC and IRBD on a number of patrols. It is a requirement that all patrols must have these awards on each patrol.

Long Reef SLSC patrolled at South Narrabeen for 4 weekends in November to provide their membership with experience at another beach.

We as club must continue to be focused on lifesaving as we move into the busy part of the season. Remember be vigilant on patrol the community has an expectation from us.

Happy New Year to All.

**Torch Haven**  
**Director of Lifesaving**

New OXYGEN RE-SUS KIT (yellow) and FIRST AID KIT (red).



Replacing oxi-vivas and first aid boxes.



Refurbished First Aid Room



New Radios



## Gear/ Equipment Update

### NEW OXYGEN-RESUS AND NEW FIRST AID KITS

For those of you who like to play doctors and nurses, or own all the DVD's of Greys Anatomy – you are in for a treat!!! We have 2 new Emergency Care kits, replacing the old surplus Korean-war equipment.

#### Red Kit – First Aid Kit

Replaces multiple old green boxes. We only have this 1 proper kit now.

Replacement medical supplies are in the cupboard. If you use anything from the kit please replace it from the cupboard, and if we run out of anything please let me know.

#### Yellow Kit – Oxygen Kit

Replaces the old circa-1924 oxi-vivas. We only have this 1 oxygen kit now.

We have a spare oxygen cylinder in the first aid room. If an oxygen cylinder runs low please contact me.

Key notes:

\* Please familiarise yourself with the kits and their contents at the start of each patrol (incl checking/testing oxygen reg/cylinder)

\* When on patrol, both kits + the AED should be kept together in the ATV tray

\* At the end of patrol please store on the bench in the first aid room – for easy access in case of a callout

#### “SMURFCOM SMURFCOM THIS IS PAPPA SMURF OVER”

We have 3 new radios to complement the 2 older ones. They work the same as always.

Ch1: Helicopter Channel Monitor if Westpac/Police/Ambulance helicopters hovering off our beach, and/or if involved in an incident/search with helicopters.

Ch2: Patrolling Channel This line-of-sight (simplex) channel is for normal patrolling – i.e talking to the IRB or roving patrol. Most radios should be on Ch2.

Ch3: SurfCom Channel This repeater channel is used for talking to SurfCom for sign-ons/offers and for emergencies to request assistance through Surfcom. Surfcom will contact the club via Ch3 if it has an emergency it needs to report to the patrol. A radio in the patrol tent should always be on channel 3 and be monitored by the Patrol Captain.

Ch25: Training Channel A public CB channel for use with nippers/training etc

Note:

\* All emergency support/ambulance/police/helicopter etc etc should be called through the radio on Ch3 to Surf-Com. Do not use 000 during patrol hours – unless the radio network is down.

If you have any questions, if we are short of any consumables or any equipment is damaged/lost or needs repair, please give me a buzz on 0429396139 or [deanostorey@gmail.com](mailto:deanostorey@gmail.com)

Go the All Blacks!!!

**Dean Storey**  
**Gear Steward/First Aid**

## Sponsorship & Marketing Update

We are very pleased to welcome The Sands Hotel, Narrabeen on board as a major sponsor of the club with a commitment for two years! Thank you to Michael McPherson for his dedication to creating this great new partnership.

The new surf boat is finished, and ready to be launched on Sunday 5th February, all members are welcome attend this exciting event. Festivities kick off at 12pm.

A big thanks to our returning sponsors Gotcha Covered Timber Shutters and MS Interiors, two great local businesses showing their support. The Sands will be offering some great deals for club members, details to come soon.

**Scott Morrison**  
Sponsorship & Marketing Director

## Some short Southy Updates...

Over the Christmas break we welcomed a new addition to Southy family, little Ruby Jane Oaten(Haven) born 29th December 2011.

Ruby will be the 4th generation of Haven's at the club, already ready with her cap on!



## From the Treasurer

The gym is now open for use after it's refurbishment and some new equipment. Fees are \$35 for members for the remainder of the season. Payments can be made through the club website by following the links to the online gateway.

**Other payments such as accommodation fees, bronze memberships etc can also be made here also.**

Head to [www.southnarrabeensurfclub.org](http://www.southnarrabeensurfclub.org)

## Upcoming in the next Jaffa...

- Recap from the Bre weekend
- Competition update from both Nippers and Boaties
- End of season events

The new boat in the making..



One afternoon of Sunday Sippers



Members of the Southy family



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CUSTOM BUILT KITCHENS

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[facebook.com/southnarrabeenslsc](https://facebook.com/southnarrabeenslsc)



## Clubbie of the Year 2011 —Andy Cross

Our Sponsors



1/55 Mitchell Road  
Brookvale NSW 2100  
Tel 1300 745 841 Fax 02 9938 4755  
www.allstyleflooring.com.au



A blurb from the official press release

“Andy’s place in the ‘Nikon Clubbie of the Year’ final was due to his complete dedication to South Narrabeen Surf Life Saving club and his role as a clubbie. Andy loves the family environment and sense of community at his South Narrabeen surf club. His favourite thing about being a clubbie is being able to share his knowledge of the ocean with others. Andy has achieved all SLS awards including the Gold Medallion and in 2009 he also won the Harry Ragan Outstanding Service Award”

Read the full article on the Club News page of the website

[www.southnarrabeensurfclub.org/club-news](http://www.southnarrabeensurfclub.org/club-news)



Rowers at the Sands Hotel after a carnival



### Assorted Happy Snaps..

Wood Ducks @ Manly



Winners of North Narrabeen, Fish on the Floor



Patrol 1D all smiles



2012 Brewarrina Smiles



Andy and Kayan from Brewarrina



Mick's U23 Women @ North Narrabeen



A bit of carnage at Newport for the reserves